First Episode Psychosis:  
Clinical Issues, Family and Client Perspectives,  
and Recent Treatment Advances  

Presenter: Steven M. Silverstein, Ph.D.  
Director of the Division of Schizophrenia Research at Rutgers University Behavioral Health Care and  
Professor of Psychiatry at the Rutgers Robert Wood Johnson Medical School  

TARGET AUDIENCE:  
New Jersey Division of Mental Health and Addiction Services (DMHAS) licensed provider agencies and their staff who have the opportunity to serve individuals experiencing 1st Episode Psychosis. The RAISE Approach, a primary focus of this training, is endorsed by the New Jersey Division of Mental Health and Addiction Services and may be the focus of future projects.

Fee: Registration for course is free.  
Food: There will be no food provided.  
Delivery Format: Live Training Program  
Target Audience: Behavioral Health Professionals, Social Workers, Counselors, and Nurses  
Disclosures: This training has no commercial support. Speakers and planners have declared they have nothing to disclose. Accredited status does not imply endorsement by Rutgers University Behavioral Health Care, NJSNA or ANCC of any commercial products or services.

Technical Assistance Center Mission Statement  
The Rutgers University Behavioral Health Care Technical Assistance Center promotes quality outcomes in behavioral health care through excellence in training and consultation to the health care community.  
We are committed to the University Behavioral Health Care values of effective, efficient, accessible and compassionate care.
First Episode Psychosis:
Clinical Issues, Family and Client Perspectives,
and Recent Treatment Advances

OUR FEATURED SPEAKER

Dr. Steven Silverstein is Director of Research, and Director of the Division of Schizophrenia Research at Rutgers University Behavioral Health Care (UBHC), and Professor of Psychiatry at Rutgers - Robert Wood Johnson Medical School. He is the former Chair of the American Psychological Association’s Task Force on Serious Mental Illness, and an Executive Board member and President-Elect of the Society for Research in Psychopathology. Dr. Silverstein received his Ph.D. in Psychology from the State University of New York at Buffalo in 1989, and completed his internship and fellowship at Cornell Medical College from 1988-1990. He has over 25 years of experience in treating people with schizophrenia, and has directed inpatient units and outpatient programs for this population. This includes work with both chronic and first episode patients. His work with first episode patients has involved assessment, individual CBT, group therapies, cognitive remediation, family therapy, and staff training and supervision in these approaches. Dr. Silverstein’s research interests are in the development of schizophrenia, perceptual and cognitive changes found in early schizophrenia, and prediction of treatment response and relapse. He has over 175 publications related to schizophrenia, and is currently Principal Investigator (PI) on multiple NIMH or foundation grants involving assessment and treatment. Dr. Silverstein is the recipient of many awards, including the United States Psychiatric Rehabilitation Association’s Armin Loeb Award for Research in Psychiatric Rehabilitation in 2008, New Jersey Psychological Association’s Distinguished Researcher Award in 2009, and the American Psychological Foundation’s Alexander Gralnick Research Investigator Prize in 2010.

OVERALL GOAL:
This training is being offered as part one of a two-part training series designed to enhance overall expertise with treating first episode psychosis. The second section of this training will be offered in September.

TRAINING OBJECTIVES: At the end of this training, attendees will be able to:
1. Describe 5 early symptoms of schizophrenia including those occurring during the transition from the prodromal stage to a first episode of psychosis.
2. Discuss the main features of 3 current evidence-based treatment approaches for first episode psychosis.
3. Identify 3 organizational requirements necessary to implement the RAISE model.
4. Describe typical treatment outcomes for first episode patients, and the factors that predict successful outcomes versus relapse, including cultural factors studied by the World Health Organization.
5. Describe 3 primary concerns of family members & patients at the outset of treatment of a 1st episode psychosis.
Training Agenda

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>12:15pm to 1:00pm</td>
<td>Registration</td>
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<tr>
<td>1:00pm to 1:20pm</td>
<td>Early Symptoms</td>
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<tr>
<td>1:20pm to 2:40pm</td>
<td>Current Evidence-Based Treatment Approaches and RAISE</td>
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<td>2:40pm to 2:55pm</td>
<td>Break</td>
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<tr>
<td>2:55pm to 3:10pm</td>
<td>Organizational requirements for Implementing RAISE</td>
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<tr>
<td>3:10pm to 3:35pm</td>
<td>Predicting Successful Outcomes</td>
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<tr>
<td>3:35pm to 3:50pm</td>
<td>Concerns at Treatment Outset</td>
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<tr>
<td>3:50pm to 4:00pm</td>
<td>Evaluations</td>
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Professional Contact Hours Provided
(Certificate Fee: $20 - Do not send payment with registration)

- Continuing Education Credit Request Form available at the program.
- Please note that participants may not be eligible for continuing education credits if they are not on time and present for the entire session.
- Participants must sign in.
- Participants must submit a completed evaluation form at the end of the program.
- Partial credits will not be issued to participants arriving late or leaving early.
- Complete, Sign and Submit a “Continuing Education Credit Request Form”.

Social Workers (The New Jersey Board of Social Work Examiners): This program is approved for social work continuing education hours by Rutgers University Behavioral Health Care in accordance with New Jersey administrative code 13:44G and recognized by The New Jersey Board of Social Work Examiners. This program is approved for 3.3 general continuing education hours.

Note: Social Workers must be prepared to write in their Social Work license/certification registration number and license jurisdiction on the sign in sheet. Please be sure to bring this information with you to the training.

Certified Counselors: Rutgers University Behavioral Health Care (UBHC) is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP™ solely is responsible for all aspects of the program. (3 Clock Hours). Approval number: 6198.

Nurses: Rutgers University Behavioral Health Care is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Provider number P#204-10/12-15. (3 contact hours).

Marriage and Family Therapists: This course will count for recertification credit towards NJDCA Marriage and Family Board licenses and certifications (LMFT) Rutgers UBHC provider number#200201113.5REC. (3 Credit Hours)

Psychologist: Rutgers University Behavioral Health Care is approved by the American Psychological Association to sponsor continuing education for psychologists. Rutgers University Behavioral Health Care maintains responsibility for the program and its content. Instructional Level: Introductory. (3 Credit Hours)
**Screener Certification:** In compliance with UMDNJ-University Behavioral Health Care – Technical Assistance Center (TAC) policy, 3 full TAC Continuing Education credits will be issued only to Screeners who attend the entire class. There is no charge for recertification credits.

Please contact Sharon Eaton at (732) 235-9282 with any questions or concerns regarding continuing education documentation for this training.

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**Additional Registration Details**

- Click on the hyperlinks that say “Click here to Register…” (just under the dates and addresses on page one of this flyer) to access online registration.
- Inclement weather notification: Please call 732-235-9290 by 7AM on the scheduled day of class for cancellation notification.
- Cancellation Policy: If you cannot attend the program, please call 732-235-9290 so that we can fill your seat with individuals on the program waiting list.
- Special Needs: If you have a special needs (ADA) and wish to discuss possible provisions, please contact Technical Assistance Center at 732-235-9290.
- For further information and/or grievances contact Randy Chadwick at 732-235-9290.
- Additional information: **Please bring a sweater or jacket to accommodate for room temperature variations.**