The RAISE Approach:  
Critical Elements for Treating First Episode Psychosis

Presenting: A team of experienced professionals who will discuss recovery-oriented treatment goals, psychopharmacology, addiction, individual treatment, family intervention, supported employment, supported education, emergency interventions, cognitive remediation, and other critical elements of First Episode Treatment.

September 1, 2015  
10:00am to 4:00pm  
RWJ Hamilton Center for Health & Wellness  
3100 Quakerbridge Road  
Mercerville, NJ 08619  
(609) 584-7600

September 8, 2015  
10:00am to 4:00pm  
Crowne Plaza  
2349 Marlton Pike West  
Cherry Hill, NJ 08002  
(856) 665-6666

September 10, 2015  
10:00am to 4:00pm  
Greystone Park Hospital  
59 Koch Avenue  
Morris Plains, NJ 07950  
(973) 538-1800

Click here to Register for September 1  
Click here to Register for September 8  
Click here to Register for September 10

TARGET AUDIENCE:  
New Jersey Division of Mental Health and Addiction Services (DMHAS) licensed provider agencies and their staff who have the opportunity to serve individuals experiencing 1st Episode Psychosis. The RAISE Approach, a primary focus of this training, is endorsed by the New Jersey Division of Mental Health and Addiction Services and may be the focus of future projects.

Fee: Registration for course is free.  
Food: There will be no food provided.  
Delivery Format: Live Training Program  
Target Audience: Behavioral Health Professionals, Social Workers, Counselors, Psychologist, Marriage and Family Therapists, Nurses and Screeners.

Disclosures: This training has no commercial support. Speakers and planners have declared they have nothing to disclose. Accredited status does not imply endorsement by Rutgers University Behavioral Health Care, NJSNA or ANCC of any commercial products or services.

Technical Assistance Center Mission Statement  
The Rutgers University Behavioral Health Care Technical Assistance Center promotes quality outcomes in behavioral health care through excellence in training and consultation to the health care community. We are committed to the University Behavioral Health Care values of effective, efficient, accessible and compassionate care.
The RAISE Approach: Critical Elements for Treating First Episode Psychosis

OUR FEATURED SPEAKERS (In order of presentation)

Dr. Steven Silverstein is Director of Research, and Director of the Division of Schizophrenia Research at Rutgers University Behavioral Health Care (UBHC), and Professor of Psychiatry at Rutgers - Robert Wood Johnson Medical School. He is the former Chair of the American Psychological Association’s Task Force on Serious Mental Illness, and an Executive Board member and President-Elect of the Society for Research in Psychopathology. Dr. Silverstein received his Ph.D. in Psychology from the State University of New York at Buffalo in 1989, and completed his internship and fellowship at Cornell Medical College from 1988-1990. He has over 25 years of experience in treating people with schizophrenia, and has directed inpatient units and outpatient programs for this population. This includes work with both chronic and first episode patients. His work with first episode patients has involved assessment, individual CBT, group therapies, cognitive remediation, family therapy, and staff training and supervision in these approaches. Dr. Silverstein’s research interests are in the development of schizophrenia, perceptual and cognitive changes found in early schizophrenia, and prediction of treatment response and relapse. He has over 175 publications related to schizophrenia, and is currently Principal Investigator (PI) on multiple NIMH or foundation grants involving assessment and treatment. Dr. Silverstein is the recipient of many awards, including the United States Psychiatric Rehabilitation Association’s Armin Loeb Award for Research in Psychiatric Rehabilitation in 2008, New Jersey Psychological Association’s Distinguished Researcher Award in 2009, and the American Psychological Foundation’s Alexander Gralnick Research Investigator Prize in 2010.

Ann Murphy, Ph.D., CPRP is an Associate Professor in the Department of Psychiatric Rehabilitation and Counseling Professions at Rutgers, the State University of New Jersey. She has extensive experience as a researcher focused on interventions to improve the lives of individuals with psychiatric conditions as well as a provider of psychiatric rehabilitation services. Dr. Murphy has served as research and data coordinator for several funded research studies focused on employment and educational services and interventions for adults with psychiatric conditions. Additionally, Dr. Murphy conducts program evaluations for a crisis respite service, jail diversion programs, a primary and behavioral healthcare integration program, and a residential intensive services team. Current research interests also include the theoretical underpinnings of stigma related to adults with serious psychiatric conditions, the supports and barriers experienced by individuals with psychiatric conditions in online education and the role of early intervention services in helping individuals newly diagnosed with psychiatric conditions remain connected and involved in their valued life roles.

Judy L. Thompson, PhD, is an Assistant Professor in the Department Psychiatric Rehabilitation and Counseling Professions, School of Health Related Professions, at Rutgers University. She has a longstanding interest in serious mental illness and the factors associated with illness development and functional outcomes. Dr. Thompson received her Ph.D. in clinical psychology from the University of Pittsburgh in 2006, and completed her clinical internship at University of Illinois-Chicago. After graduate training, she completed a Schizophrenia Research Fellowship in the Department of Psychiatry at Columbia University, and later transitioned to a Research Scientist position there. While at Columbia, she conducted research and clinical work in the pre-psychotic prodromal research clinic of Columbia (COPE), and then worked for several years in the Division of Translational Imaging to address questions related to dopamine functioning in schizophrenia. Most recently, she has joined Michelle Mullen’s team in the Center for the Study and Promotion of Recovery at Rutgers to conduct research that focuses on developing and evaluating interventions aimed at improving vocational and other functional outcomes among young people with psychiatric conditions.
Michelle G. Mullen, MS, CRC, CPRP is the Director for the Center of Study and Promotion of Recovery (CSPR) and an Assistant Professor for the Department of Psychiatric Rehabilitation and Counseling Professions at Rutgers University. Michelle and her team are currently developing services and conducting research to evaluate the effectiveness of various interventions for college students with psychiatric conditions. At CSPR, we are developing a blended model of career development for young people affected by mental health conditions. In addition to conducting research, Michelle has developed Career Services programs (focusing on blending supported employment and education) nationally, including FEP programs in other states.

Brittany L. Stone, M.S., C.R.C., C.P.R.P., is an Instructor in the Integrated Employment Institute (IEI) in the Department of Psychiatric Rehabilitation and Counseling Professions at Rutgers-School of Health Related Professions. She presently provides training, education, and technical assistance to providers, consumers, and families in the promotion of employment and post-secondary education for individuals with psychiatric disabilities.

Jill M. Williams, MD, is Professor of Psychiatry and Director of the Division of Addiction Psychiatry at the Rutgers University-Robert Wood Johnson Medical School in New Brunswick. The focus of Dr. Williams work has been in addressing tobacco in individuals with mental illness or other addictions. Dr Williams has years of experiencing in treating persons with co-occurring addiction and mental illnesses including schizophrenia. Her publications have appeared in numerous journals including Nicotine and Tobacco Research, the Journal of the American Medical Association, and the Journal of Substance Abuse Treatment.

Greg Fitzpatrick, LCSW, has served in the field of mental health for 27 years. He has worked as a social worker in psychiatric inpatient units and several major crisis centers. He had been the Crisis Coordinator at Mountainside Hospital prior to becoming the Screening Coordinator for Middlesex County. Currently he is the Program Manager/Screening Coordinator for Acute Psychiatric Services and Early Intervention Support Services with Rutgers University Behavioral Health Care.

Terry Griner, MA, has been working as a clinician with Intensive Family Support Services since 2011. She provides support, psychoeducation, and advocacy to families who have a loved one diagnosed with mental illness, many of whom are experiencing a first episode. Terry also has extensive experience providing direct services to adults diagnosed with mental illness and addictions.

Matthew W. Roché, Ph.D., is a postdoctoral fellow in the Division of Schizophrenia Research at Rutgers University Behavioral Health Care. He earned his doctorate in clinical psychology at Binghamton University and his bachelors of science at Cornell University, and completed his pre-doctoral internship at Rutgers University’s Department of Psychiatry. Dr. Roché’s research interests lie in the use of the methods of experimental psychopathology, clinical cognitive neuroscience, and vision science to understand the etiology, development, and course of psychotic disorders. Dr. Roché has experience teaching at the undergraduate, master’s, and doctoral levels, and will complete a three-year NIH-funded postdoctoral fellowship focused on research and scientific teaching this fall.
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OVERALL GOAL:
This training is being offered as part two of a two-part training series designed to enhance overall expertise with treating first episode psychosis.

TRAINING OBJECTIVES: At the end of this training, attendees will be able to:

1. Provide a description of the RAISE Approach and its core components.
2. Describe three benefits to providing specialized early intervention services for individuals experiencing first episode psychosis.
3. Describe four reasons why it is important to maintain young adults in career development pursuits.
4. Define three benefits of consumer participation in Evidence Based Supported Employment programs.
5. Identify four factors which lead to better outcomes for persons experiencing first episode psychosis.
6. Discuss 3 strategies for engaging people with a first episode psychosis into treatment in an acute care setting.
7. Discuss three methods for educating families about mental illness post first episode.
8. Identify three beneficial outcomes when cognitive remediation is employed with people experiencing a first-episode of psychosis.

Training Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>9:15am to 10:00am</td>
<td>Registration</td>
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<tr>
<td>10:00am to 10:15am</td>
<td>The RAISE Model (Steve Silverstein, PhD)</td>
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<tr>
<td>10:15am to 10:45am</td>
<td>Specialized Early Intervention Services (Judy Thompson, PhD; Ann Murphy, PhD, CPRP)</td>
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<tr>
<td>10:45am to 11:15am</td>
<td>Career Development: The Role of Human Capital (Michelle Mullen, MS, CRC, CPRP)</td>
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<tr>
<td>11:15am to 11:30am</td>
<td>BREAK</td>
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<tr>
<td>11:30am to 12:00pm</td>
<td>Supported Employment: An Evidence Based Practice (Brittany Stone, MS, CRC, CPRP.)</td>
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<tr>
<td>12:00pm to 12:30pm</td>
<td>FEP: Medical and Substance Use Considerations for FEP (Jill Williams, MD)</td>
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<tr>
<td>12:30pm to 2:00pm</td>
<td>LUNCH</td>
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<tr>
<td>2:00pm to 2:30pm</td>
<td>FEP in an Acute Care Setting: Engaging into Treatment (Greg Fitzpatrick, LCSW)</td>
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<td>2:30pm to 3:00pm</td>
<td>Supporting Families (Terry Griner, MA)</td>
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<tr>
<td>3:00pm to 3:30pm</td>
<td>Cognitive Remediation (Matthew W. Roché, Ph.D.)</td>
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<tr>
<td>3:50pm to 4:00pm</td>
<td>Evaluations</td>
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Professional Contact Hours Provided

- Continuing Education Credit Request Form available at the program.
- Please note that participants may not be eligible for continuing education credits if they are not on time and present for the entire session.
- Participants must sign in.
- Participants must submit a completed evaluation form at the end of the program.
- Partial credits will not be issued to participants arriving late or leaving early.
- Complete, Sign and Submit a "Continuing Education Credit Request Form".

Social Workers (The New Jersey Board of Social Work Examiners): This program is approved for social work continuing education hours by Rutgers University Behavioral Health Care in accordance with New Jersey administrative code 13:44G and recognized by The New Jersey Board of Social Work Examiners. This program is approved for 5 general continuing education hours.

Note: Social Workers must be prepared to write in their Social Work license/certification registration number and license jurisdiction on the sign in sheet. Please be sure to bring this information with you to the training.

Certified Counselors: Rutgers University Behavioral Health Care (UBHC) is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP™ solely is responsible for all aspects of the program. (4.25 Clock Hours). Approval number: 6198.

Nurses: Rutgers University Behavioral Health Care is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Provider number P#204-10/12-15. (4.25 contact hours).

Marriage and Family Therapists: This course will count for recertification credit towards NJDCA Marriage and Family Board licenses and certifications (LMFT) Rutgers UBHC provider number#200201113.5REC. (4.25 Credit Hours)

Psychologist: Rutgers University Behavioral Health Care is approved by the American Psychological Association to sponsor continuing education for psychologists. Rutgers University Behavioral Health Care maintains responsibility for the program and its content. Instructional Level: Introductory. (4.25 Credit Hours). Provider #1532.

Screener Certification: In compliance with University Behavioral Health Care – Technical Assistance Center (TAC) policy, 5 full TAC Continuing Education credits will be issued only to Screeners who attend the entire class. There is no charge for recertification credits.

Please contact Sharon Eaton at (732) 235-9282 with any questions or concerns regarding continuing education documentation for this training.

Additional Registration Details

- Click on the hyperlinks that say “Click here to Register…” (just under the dates and addresses on page one of this flyer) to access online registration.
- Inclement weather notification: Please call (732) 235-9290 by 7AM on the scheduled day of class for cancellation notification.
- Cancellation Policy: If you cannot attend the program, please call (732) 235-9290 so that we can fill your seat with individuals on the program waiting list.
- Special Needs: If you have a special needs (ADA) and wish to discuss possible provisions, please contact Technical Assistance Center at (732) 235-9290.
- For further information and/or grievances contact Randy Chadwick at (732) 235-9290.
- Additional information: Please bring a sweater or jacket to accommodate for room temperature variations.