UCHC Newsletter

SPECIAL EDITION

UMDNJ History & Timeline

1954
- New Jersey's first programs of medical and dental education established with the incorporation of Seton Hall College of Medicine and Dentistry. The college, located at Jersey City Medical Center, enrolled its first class in 1956.

1962
- New Jersey's first public program of medical education chartered as part of Rutgers University.
- The Rutgers Medical School opened in 1966 as a two-year basic science institution offering the master of medical science (M.M.S.) degree.

1965
- The Seton Hall College of Medicine and Dentistry acquired by the State of New Jersey and renamed the New Jersey College of Medicine and Dentistry (NJCMD).

1968
- Martland Hospital (aka College Hospital, now University Hospital) acquired by the State as the primary teaching facility for NJCMD.
- The Newark Agreements, signed on March 1, cleared the way for the construction of a major academic health center in Newark's Central Ward.

1970
- The Medical and Dental Education Act of 1970, signed into law by Governor Cahill on June 16, created the College of Medicine and Dentistry of New Jersey (CMDNJ) by merging NJCMD with the medical school of Rutgers University under a single board of trustees.

1971
- Stanley S. Bergen, Jr., M.D., named the first president of CMDNJ on July 1.
- The following week, ground broken for construction of a $200-million campus in Newark.

1972
- The UMDNJ-Robert Wood Johnson Medical School (then known as CMDNJ-Rutgers Medical School) graduated its first class in 1974.

1975
- The South Jersey Medical Education Act, signed into law by Governor Byrne, directed the University to establish both allopathic and osteopathic programs of medical education in South Jersey.

1976
- The Newark campus, which included the Medical Science Building, the Dental School Building, the Community Mental Health Center, the George F. Smith Library of the Health Sciences and a power plant, dedicated on May 10.
- The School of Osteopathic Medicine chartered, graduating New Jersey's first doctors of osteopathic medicine (DOs) in 1981.

1977
- An affiliation agreement with Middlesex General Hospital established the New Brunswick hospital as core teaching facility for the CMDNJ-Rutgers Medical School.
- Cooper University Medical Center, Camden, became core teaching affiliate for the Robert Wood Johnson Medical School Clinical Campus at Camden.
- Kennedy Memorial Hospital became the core teaching hospital for the School of Osteopathic Medicine.

1979
- University Hospital (then called College Hospital) in Newark opened in January and dedicated on May 10. The primary teaching hospital for the New Jersey Medical School, the facility remains the only medical center owned and operated by the University.

1981
- Legislation signed on December 10 by Governor Byrne established CMDNJ as the University of Medicine and Dentistry of New Jersey (UMDNJ). UMDNJ became largest, free-standing, public university of the health sciences in the United States.

1984
- UMDNJ dedicated the Education and Research Building in Camden. It now houses the UMDNJ-Robert Wood Johnson Medical School Clinical Campus at Camden.

1986
- The Environmental and Occupational Health Sciences Institute, a joint facility of UMDNJ and Rutgers University, established.
- On July 1, UMDNJ-Rutgers Medical School officially adopted UMDNJ-Robert Wood Johnson Medical School as its name.
- Middlesex General University Hospital became

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1991
- The Cancer Institute of New Jersey, the first and only multidisciplinary, medical school-based clinical cancer center in the State, formed as a joint partnership of UMDNJ, UMDNJ-Robert Wood Johnson Medical School and the New Brunswick Affiliated Hospitals.

1992
- The UMDNJ-New Jersey Medical School Doctors Office Center opened on the Newark campus.
- The UMDNJ-School of Nursing established as the seventh school of the University on December 10.

1996
- The Board of Trustees approved University Behavioral HealthCare (UBHC) as the new name for the former Community Mental Health Centers at Newark and Piscataway and all their satellite locations.

1997
- The Cancer Institute of New Jersey received designation from the National Cancer Institute as a federal clinical care center, the only one in New Jersey.
- The University's founding President, Dr. Stanley S. Bergen, Jr., retired and became Founding President Emeritus.
- The Martland Building renamed the Stanley S. Bergen Building.
- The University established its eighth school, the UMDNJ-School of Public Health on the Piscataway/New Brunswick campus in collaboration with Rutgers.

1999
- Dr. Stuart D. Cook inaugurated President on April 9.
- The Child Health Institute of NJ was created at UMDNJ-Robert Wood Johnson Medical School. The Cancer Institute of New Jersey launched the Dean and Betty Gallo Prostate Cancer Center.
- New Master of Public Health Program offered on the Newark campus in collaboration with Rutgers-Newark and NJIT.

2000
- The new University logo unveiled at University Day.
- The Board of Trustees approved $356 million university-wide capital construction plan.

2002
- The International Center for Public Health and the new Behavioral Health Sciences Building opened on Newark campus.

2003
- A new building, shared by UMDNJ-Robert Wood Johnson Medical School and UMDNJ-School of Public Health, opened on Piscataway campus.
- The University Doctors Pavilion opened on Stratford campus.

2004
- Dr. Stuart D. Cook stepped down as President effective June 5, 2004, and Dr. John Petillo named Interim President. Dr. Petillo named President by the Board of Trustees on November 16.
- The UMDNJ Master Educators’ Guild renamed the Stuart D. Cook, MD Master Educators Guild, in honor of its founder.

2005
- January, through inter-State agreements, University Behavioral Health Care established University Correctional Health Care (UCHC) to provide mental health and sex offender specific treatment services to the inmates and residents of the NJ Department of Corrections (NDOC) and the Juvenile Justice Commission (JJC).

2006
- A federally appointed monitor designated to oversee some University operations.
- Bruce C. Vladeck, PhD, appointed Interim President of the University.
- University’s first student residence opened on Newark campus.
- Governor Corzine signs legislation increasing the University’s Board of Trustees to 19 members.
- UCHC awarded contract expanding the organization’s responsibilities to include medical and dental healthcare services for the NDOC inmate population.

2007
- William F. Owen, Jr., MD, named President, taking office on July 1.
- Federal monitoring concluded as of year-end.

2011
- Peter Carmel, MD, professor and chair of the department of neurosurgery at UMDNJ-New Jersey Medical School, elected president of the American Medical Association (AMA), the first neurosurgeon to hold the post.
- Governor Christie Signs Bill Officially Establishing NJ Vet2Vet as Veterans Helpline
- UCHC awarded a contract expansion assuming the provision of medical services to the JJC resident population.

2012
- Denise V. Rodgers, MD, UMDNJ Executive Vice President for Academic and Clinical Affairs, is named to the position of Interim President, effective January 1.
- New Jersey Medical School Student LeAnne Roberts begins term as Chair of the Medical Student Section of the American Medical Association.
- New Jersey Medical and Health Science Restructuring Act signed by Governor Chris Christie on August 22, leading the way for integration of UMDNJ and Rutgers, the State University of New Jersey.

2013
- The UMDNJ Board of Trustees, at its final meeting on June 17, appointed Denise V. Rodgers, MD, as the President of UMDNJ, retroactive to January 1, 2012.
- On July 1, 2013, the New Jersey Medical and Health Sciences Education Restructuring Act goes into effect, integrating Rutgers, The State University of New Jersey, with all units of the University of Medicine and Dentistry of New Jersey (UMDNJ), except University Hospital in Newark and the School of Osteopathic Medicine in Stratford.

Retrieved electronically June 14, 2013 at http://www.umdnj.edu/about/about03_history.htm
Strategic Plan Update — Fiscal Year 2013

Treatment:
- Obtained and maintaining compliance with Roe v Fauver while improving outcome in HIV treatment.
- Added indicators for Asthma and Seizures based upon level of control (Good, Fair, or Poor).
- Contracted with palliative providers at St. Francis Medical Ctr.
- Reinforced use of CBT intervention as a first step in the treatment of mild to moderate depression.

Pharmaceutical:
- Hepatitis C Guidelines updated.
- NJDOC increased funding by $4.5 million to make new medications available for inmates requiring Hepatitis C treatment.
- Naltrexone added to the formulary for treatment of alcohol dependence for special needs inmates soon to be released.

Benchmarking:
- Hypertension: On average, 89% of patients diagnosed with hypertension are below the control rate threshold of blood pressure < 140/90.
- Diabetes: For diabetic care on average over the past six months, 58.4% of inmates achieved HbA1c less than 7 (improved glucose levels).
- HIV: Viral load of patients in active treatment for >6 months, on average, over the past ten (10) months, approximately 82% had an undetectable viral load (<70 copies/ml).
- Hyperlipidemia: The NJDOC benchmark of LDL ≤130 is 40%. In April, 2,659 patients had more than one LDL value and of these patients 69.8% had an LDL ≤130. Additionally, in the month of April, of the 191 STU patients with 2 or more LDL values, 78.5% had LDL ≤130.

Prevention Initiatives:
- Staff trained to conduct specialized Chronic Disease Self-Management Groups (CDSMG) for inmates with diabetes, with the first group starting at EMCFW.
- Checklists were developed to monitor patients on: ventilators at risk of pneumonia, urinary catheters at risk of urinary tract infections and on venous catheters at risk of bloodstream infections. An implementation plan will be formulated.
- Improved patient medication administration at NJSP in Ad Seg, where medication carts cannot be used, through the use of labeled pill envelopes. The identification process was enhanced by the addition of photo printouts of inmates.

Utilization Review:
- ER referrals rose compared to last year, (56 to 60 per month) with approximately 44% being treated in the ER and returned to prison. Likewise, the average daily hospital inpatient census increased from an all-time low of 10.4 in FY12 to 11.7 in FY13. Increases are related to the aging inmate population.
- Expanded joint Mental Health (MH) and Medical reviews to address significant co-morbid MH-Medical problems such as poly-pharmacy, pain management and metabolic disturbance.

Suicide Prevention:
- Based upon a PI Study by Rusty Reeves, MD, and Tony Tamburello, MD, NJDOC Suicide Reduction Taskforce recommended inmates in detention be double celled.
- EMR modified by placing suicide risk on the problem list, identified past attempts in the flow sheet and educated providers on using this data in their assessments.
- Enhanced suicide screening performed by nursing for inmates returning to prison.
- Formalized a process to order no KOP medications for inmates at risk for overdose.
- The number of suicides dropped from an average of four (4) per year to an average of two (2) per year from 2011 to present.

Audits:
- NJDOC completed a capital equipment inventory audit in April 2013. With assistance from UCHC, the NJDOC audit team was able to locate all capital equipment.
- NJDOC, working with UCHC, conducts quarterly pharmacy audits. Pharmacy manifests, documenting the delivery of medications to sites, are matched to the Medication Administration Records (MARs), documenting the inmate’s receipt of the medication. Audit results significantly improved from May 2012 to May 2013.

Training:
- Statewide training was provided for the medical team on Pain Management.
- Statewide training was provided for the mental health team on Mindfulness, which according to research helps patients develop better coping skills and is an effective treatment in alleviating pain and improving physical and emotional well-being.
- Statewide video conference led by Peter Martindale, MD, regional director of psychiatry, and Harold Goldstein, PhD, clinician supervisor, on How to Better Manage Difficult Inmates.
- Monthly training instituted for all new hires on Implementing and Participating on a PI Team.
- William Briglia, MD, and Lynn Kwap, RN, provided in-service training on Palliative Care to the medical leadership of NJSP, EMCFW, ADTC & STU.

Performance Improvement:
- UCHC received the New Jersey Hospital Association Excellence in Quality Improvement Award at their 94th Annual Meeting on January 25, 2013.
- Continued to achieve the 97% threshold for MH and Medical

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Objective Performance Indicators (OPI’s) at least 90% of the time.

- QI Unit worked with medical, mental health and dental leadership to collect productivity level data to assist in the management of staff.
- Satisfaction Survey results for MH achieved an overall average score of 3.9 where “3” is Good and “4” is Very Good, sustaining the prior year’s level.
- Basis-24 shows 77% of the patients completing the survey at time services started, and at their latest treatment reviews, reported a reduction in MH symptoms; 21% reported increased symptoms and 2% had the same scores.
- Mental Health leadership established a peer review system to monitor the documentation of CBT services in the treatment of depression.
- Medical grievances have been reduced at SWSP (by 94), NJSB (by 118) and East Jersey State Prison (by 70) between 2011 and 2012. Statewide the number dropped by 330.
- Regional Nurse Managers established a team seeking to improve staff satisfaction with site operations.
- On October 17, 2012 at the 7th Annual NJDOC-UCHC PI Fair, 40 posters, the work of approximately 300 staff, displayed QI initiatives and provided a forum to share labors, struggles and results with colleagues involved in providing inmate/resident healthcare.

Publications:

- Salem, A., Kushnier, A., Dorio, N. and Reeves, R. Involuntary Antipsychotic Medication Reduces Disciplinary Charges Among Mentally Ill Inmates. Submitted for publication June, 2013.

Additional Funding:

- NJDOC and UCHC worked with the New Jersey State Medicaid Office to enroll qualified inmates into Medicaid during their off-site hospitalizations.

Other Remarkable Events:

- Rusty Reeves presented “Primary Care Considerations in Providing Care to Mental Health Patients” – Invited to lecture at the Society of Correctional Physicians Annual Conference, Denver, CO, April 21, 2013.
- Rusty Reeves authored a monograph “Violence and its Relationship to Mental Illness” for the New Jersey Psychiatric Association. This monograph was submitted to the Governor’s task force on guns and violence.
- UCHC had 12 state prisons approved as designated Health Professional Shortage Area (HPSA) sites in primary care, dental, and mental health categories on June 4, 2013. As a result, UCHC may participate in the National Health Service Corp (NHSC) Loan Repayment Program, which is open to licensed providers employed or seeking employment at approved sites. Full-time clinicians working at high-need sites (HPSA score of 14 and above) can receive up to $60,000 for their initial 2-year commitment and may be eligible to apply for additional years of support to repay their student loans. Part-time opportunities are also available. Anyone interested in further information may use the following links: http://hpsafind.hrsa.gov/HPSAsearch.aspx; http://nhsc.hrsa.gov/loannrepayment/.
- Anna Rossi, DO, staff psychiatrist, Nancy Graffin, PhD, clinician supervisor, and Rusty Reeves, received the Remarkable Achievement Award from the New Jersey Psychiatric Association (NJPA) for their efforts in creating a law requiring that inmates be provided a comprehensive medical discharge summary before release. Previously, clinicians were required to supply a CD containing the patient’s entire medical record.
- The NJDOC banned smoking toward the end of calendar year 2012. Programing information supporting smoking cessation for inmates was distributed to all MH site staff prior to the implementation of the ban. Additionally, posters from the Commissioner and information on smoking cessation were distributed to staff and inmates at all sites. Going forward, there will be an opportunity to assess the impact of the ban on the treatment of asthma.
- Correctional Medical Services had 150 active litigations with NJDOC inmates from June 2008 dating back to 2004 (plus one [1] case from 2003 and four [4] cases from 2004). UCHC over a similar period (April 2013 dating back to 2008) has approximately 39% fewer cases with only 91 active litigations with NJDOC inmates (plus only one [1] open prior to 2008).
**Rutgers Email Information**

As UMDNJ becomes a part of the Rutgers community, the current UMDNJ email addresses will need to change to reflect the current Rutgers email structure. As a part of this initiative, new email addresses will be issued that correspond to a school and or unit in the form of xxxx@'school'.rutgers.edu (XXXX is your current ID). For UCHC users, your email will be XXXX@ubhc.rutgers.edu.

The following email domains have been created in support of this effort:

- RBHS.rutgers.edu
- NJMS.rutgers.edu
- RWJMS.rutgers.edu
- SN.rutgers.edu
- SHRP.rutgers.edu
- SPH.rutgers.edu
- GSBS.rutgers.edu
- UBHC.rutgers.edu
- CA.rutgers.edu
- UBHC.rutgers.edu
- CINJ.rutgers.edu
- SDM.rutgers.edu
- GSBS.rutgers.edu
- CA.rutgers.edu

**How do I know what my email address will be?** Go to [https://my.umdnj.edu/lookup](https://my.umdnj.edu/lookup) Please note: If you are not currently logged into My.UMDNJ you will be prompted to put in your username and password before you are directed to your ID information. If your email address does not correspond to your school or unit (UCHC users are under UBHC), please send an email to isthelp@umdnj.edu with your current school or unit details.

All users will have the appropriate domain added to their current ID and will be available for use on (7/1/13). Once available, users will have the following experience:

**Exchange Users** – Exchange user’s outbound mail will have a default reply address of xxxx@school.rutgers.edu and no desktop client re-configuration will be necessary.

**SUN Users** – Users on the Sun email system using a desktop client will require re-configuration of account settings to reflect the new email address. The following link provides instructions for users to modify the settings on several email clients. [https://my.umdnj.edu/id-faq/](https://my.umdnj.edu/id-faq/) Select “email” and “How do I access my new email account”

If you are strictly a Sun webmail user, no action is necessary. If you require assistance with your client configuration, please call the IST Service Center at 732-743-3200 (3-3200) or contact your local support group.

**Email Alias (Long Email Name)**

In addition to new email addresses, an email management tool is available for those wanting an email alias (i.e. John.Doe@school.rutgers.edu). 1) The tool can be accessed at “netid.rutgers.edu” and 2) selecting “Manage Email Addresses”. 3) Create your personalized email alias in the top box labeled “Personalized Email Address”. Do not enter anything in the Delivery Email Account or Official Rutgers Email Address boxes. **All efforts were made to preserve current UMDNJ long email names provisioned in the past. If your current long email name does not appear within the tool, please select a new long email address (i.e. firstname.lastname).**

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**Email Auto-Reply Services**

There will be a transitional period where the current @UMDNJ.EDU email addresses will be phased out. The following schedule for email auto-replies has been established to automatically reply to external addresses with the new @school.rutgers.edu address.

- **July 1, 2031 – September 1, 2013 – No Changes**
  On day one of the integration through September 1, 2013, email delivery will remain intact with inbound email destined to a @umdnj.edu address will be delivered to the appropriate forwarding address (i.e. school.rutgers.edu).

- **September 1, 2013 – May 1, 2014 – Mail delivery with auto replies to external senders**
  During the second phase, email delivery will remain intact with inbound email destined to a @umdnj.edu address will be delivered to the appropriate forwarding address. In addition, inbound email destined to a @umdnj.edu address will receive an auto reply stating the email address has changed and will include the recipients new email address.

- **May 1, 2014 – July 1, 2014 – Email not delivered – Auto replies sent**
  Phase 3 will automatically notify sender that the @umdnj.edu address is not deliverable and must be resent using the new address.

All email users are encouraged to update any email subscriptions such as listservs and external mailing lists as soon as the new email account has been activated to avoid any loss of business continuity post July 1, 2014.

Please visit [http://oit.rutgers.edu/integration](http://oit.rutgers.edu/integration) for additional information regarding Rutgers technology services.

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**Smartphone Devices**

- UCHC users utilizing smart devices should update their email account on the device to reflect the new email address.

Please contact Leo Agrillo via email at agrillle@umdnj.edu (after July 1st at agrillle@ubhc.rutgers.edu).

The devices will continue to function with current account information, but should be updated with the latest account information.

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**UHC Special Edition Newsletter—June 2013**
Don’t Miss Important Communications!
Verify Your Home Address on the Portal

The New Jersey Medical and Health Sciences Education Restructuring Act will bring changes for all UMDNJ employees as University Hospital becomes a separate stand-alone entity, the School of Osteopathic Medicine in Stratford integrates into Rowan University, and all other units of UMDNJ become a part of Rutgers, The State University of New Jersey, on July 1. To be sure you receive important information related to the integration that may be mailed to your home, all employees are being asked to go on the UMDNJ portal and be sure that home addresses and other contact information are correctly listed.

Instructions:
1. On the Welcome Tab, scroll down to the Banner Self Service box
2. Click on “Employee Services”
3. Click on the “Employee Information” tab
4. Click on “View Address(es) & Phone(s)
5. If you need to update your information, go back to the previous screen and click “Update Address(es) & Phone(s). To update the address, click on the word “Current”.
6. When changing your address or phone information, you must also provide the UCHC Central Office with your new information, as it will not automatically update in both places. To notify the UCHC Central Office, fax a note to 609-341-9380 with your name, site, department and information to be updated.

Editors Note:
UCHC Spring Edition Newsletter will be combined with the Summer Edition to be published before the end of July.
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<tr>
<th>Mental Health Clinician Administrators</th>
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<tr>
<td>Mitch Abrams</td>
<td>973-465-0068 x4242</td>
<td>917-887-5206</td>
<td>732-396-6920</td>
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<td>Harry Green</td>
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<td>732-512-8846</td>
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<td>Marci Masker</td>
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<td>201-407-3097</td>
<td>732-396-6767</td>
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<tr>
<td>Ellen Zupkus (JJC)</td>
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<td>201-407-3117</td>
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<tr>
<td>Anthony Tamburello</td>
<td>856-459-7000 x8239</td>
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<tr>
<td>Harold Mapes</td>
<td>908-735-7111 x3430</td>
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<tr>
<td>Rebecca Cozzens</td>
<td>856-459-7000 x8034</td>
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<tr>
<td>Samantha Pezzella</td>
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