# Websites that can Help

## **New Jersey Aging and Disability Resource** Connection 877-222-3737

www.adrcnj.org

This easy-to-navigate website is a great starting point, especially for new caregivers. Information about state and local agencies and programs is available in dozens of different languages.



## COPSA Institute for Alzheimer's Disease and Related Disorders 800-424-2494

ubhc.umdnj.edu/COPSA

This website provides an overview of dementia and information about dementia day care and medication. Here you'll find brochures, information about support groups, and two engaging and informative videos, "Circle of



Harmony" and "Bridges: Support through Partnerships in Caregiving".

### ADEAR 800-438 4380

www.alzheimers.org

This website is a service of the National Institute on Aging. Here you can learn about the latest government research on Alzheimer's disease, and review articles on a variety of topics and resources.



#### **AARP**

www.aarp.org

If it's related to aging, this website has it. You'll find resource information, webinars, articles and research. Just type the word caregiver in the search tab and start scrolling.



For more information, call the COPSA Alzheimer's Helpline at 800-424-2494 Comprehensive Services on Aging (COPSA) Institute for Alzheimer's Disease and Related Disorders, University Behavioral Healthcare (UBHC) - University of Medicine and Dentistry of New Jersey (UMDNJ)

# Selecting a Long Term Care Setting – A Guide for **New Jersey Consumers**

http://web.doh.state.nj.us/apps/healthfacilities/fssearch.aspx

If you're looking for day care, assisted living or a nursing home, this is the website for you. The Facilities Database allows you to search by county, name, or type of facility. There is also lots of helpful information on how to choose a nursing home and understanding the different levels of care.



# **Medicare.gov Nursing Home Compare**

http://www.medicare.gov/nursinghomecompare/search.aspx

Nursing Home Compare has detailed information about every Medicare and Medicaid-certified nursing home in the country. It's a good place to start but it doesn't take the place of a personal visit. The data base is user-friendly and you can also learn about alternatives to nursing homes.



## **Partnership for Prescription Assistance** 888-477-2669

http://www.pparx.org

The Partnership for Prescription Assistance helps those without prescription drug coverage get free or low-cost medicines through the public or private program that's right for them.



## ClinicalTrials.gov

http://www.clinicaltrials.gov ClinicalTrials.gov provides regularlyupdated information about federally and privately-supported clinical research in human volunteers. You can search for trials by medication name or by illness. The database provides information about a trial's purpose, who may participate, locations, and phone numbers for more details.

