



Rutgers University Behavioral Health Care



WHAT IS NJ4S?

COMMUNITY EDUCATION

Activities such as workshops, webinars, assemblies, and training. This includes linkage to community resources.

- Students in grades Pre-K - 12, families and school staff
- Virtual or in-person



PREVENTION PROGRAMMING

Evidence-based prevention services, typically delivered in classroom settings.

- Students in grades 6-12, families and school staff
- Schools request services through the NJ4S portal
- Schools may be connected to existing programs implemented within the community

BRIEF COUNSELING

Brief counseling for students in grades 6 - 12 provided by licensed clinicians.

- Services provided in-person or via telehealth
- Clinicians are also available for consultation with school staff and family members
- Schools request services through the NJ4S portal

New Jersey Statewide Student Support Services (NJ4S) is a program funded by the Department of Children and Families located at Rutgers University Behavioral Health Care providing an array of wellness services to support students, parents/caregivers, and support staff in Middlesex county. The program is centered around the voice, experience, and needs of the community and is provided at no cost.



STAY UP TO DATE ON UPCOMING NJ4S EVENTS



WE ARE OPEN TO SUGGESTIONS AND RECOMMENDATIONS BY YOU! PLEASE LET US KNOW WHAT TIER 1 SERVICES YOU WOULD LIKE TO SEE IN YOUR COMMUNITY! EMAIL US AT: NJ4SMIDDLESEX@UBHC.RUTGERS.EDU

