

TLC HOPES

Suicide Loss Survivor Support Options



THE TRAUMATIC LOSS COALITION'S
HOPES
PROGRAM

In-Person Loss Survivor Supports



01

In-Person Suicide Loss Survivor Support Group

A supportive environment for adult suicide loss survivors to receive comprehensive bereavement support, resources and encouragement in the aftermath of a suicide loss.

When: First Tuesday of every month from 7:00 - 8:30 PM. Piscataway, NJ

02

Coffee & Conversations

Coffee and Conversations is a compassionate gathering designed for suicide loss survivors to find solace and connection in a safe, supportive environment. RSVP to join us at 8:00 AM in Flemington, NJ 08822, where we can share our experiences, support one another, and foster healing through open conversation over a warm cup of coffee. You're not alone; together, we can navigate this journey.

SCAN ME



In-Person & Virtual Supports



03

Steps of Hope - A Walking Support Group

RSVP to Join us for a supportive walking group for adults who have lost a loved one to suicide. Each month, we gather at Duke Island Park to walk, reflect, and connect with others who understand this journey.

04

Virtual Weekly Drop-in Support Call

Join us for a weekly drop-in support group where you can connect with fellow survivors, find support, and discover valuable resources. To receive the meeting link, please RSVP to brett.peppe@rutgers.edu. We look forward to seeing you!

SCAN ME



Training Opportunities



01

Monthly Suicide Prevention Training

Join us for our monthly prevention training where you can learn the warning signs for suicide and the three-step "Questions, Persuade, Refer" model to assist individuals who may be experiencing a suicidal crisis. Register at the QR code or at this [link](#).



Upcoming trainings include:

August 5, 2025; September 2, 2025;
October 7, 2025; November 4, 2025;
December 2, 2025 from 5:30 - 6:30 PM.

A zoom link will be sent to you the day the training is set to take place.

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Please call or e-mail to register or learn more about any of these opportunities. We are here to help.



Contact Information

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