

What should you expect?

We use a “shared decision making” approach, the individual served, family and the team work together toward the best treatment option.

These steps includes:

- A comprehensive assessment of the individuals current situation and history
- Determining their personal recovery goals to guide the treatment plan
- Treatment and support from all team members
- Counseling for family and other identified individuals to learn about how to cope with these experiences and how the people can support your recovery
- Coaching from employment and educational specialist
- Treatment for drug or alcohol problems, if you have them
- Strategies for building healthy relationships and coping with problems in positive ways



Coordinated Specialty Care and Community Integration Services at Rutgers UBHC

More Information:



CSC Central Edison - 732-235-8400
CSC South Cherry Hill - 856-566-6200



CSCCentral@ubhc.rutgers.edu - Edison
CSCSouth@ubhc.rutgers.edu - Cherry Hill



Central Region
100 Metroplex Drive, Suite 200, Edison, NJ 08817

Southern Region
57 Haddonfield Road, Cherry Hill, NJ 08002



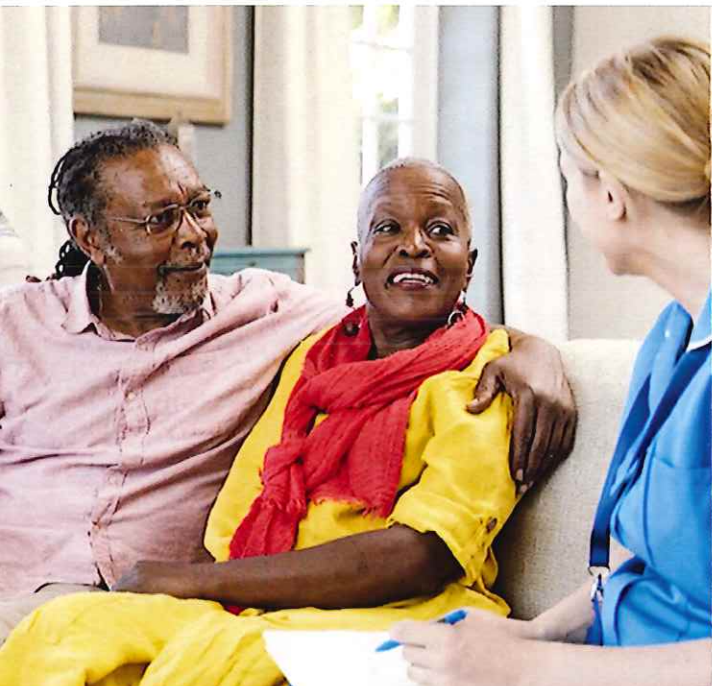
For Young Adults Coping With A Recent Onset of Symptoms Of Psychosis That Interfere With School, Work, Relationships, and Achievement Of Other Personal Goals



RUTGERS HEALTH

Treatment

Coordinated Specialty Care and Community Integration (CSC-CI) at Rutgers UBHC is an innovative and evidence-based treatment program for adolescents and young adults who have had unusual thoughts and behaviors or who have started seeing or hearing things that others do not, along with difficulties in work, school, and/or socializing. The CSC-CI Team works together to help you reduce symptoms and achieve your life goals.



THE CSC-CI TEAM

- Therapist
- Psychiatrist/APN
- Peer Support Specialist
- Case Management
- Supported Employment and Education Staff

SERVICES

- Individual CBT-p focused therapy
- Group Therapy, including art groups
- Family therapy, group and psychoeducation
- Medication evaluation, counseling and management
- Peer support, office and community based
- Supported Employment/Education, Office and Community Based

CSC-CI

CSC-CI at Rutgers UBHC is for individuals who:

- Are between 15-35 years at time of initial enrollment
- Have recently begun experiencing changes such as unusual thoughts and behaviors, hearing or seeing things that other's don't, or having trouble communicating or thinking clearly, for over a week but less than 2 years
- Are willing to work with a diverse team of healthcare professionals
- Continued services in the program throughout their lifespan