Case Management Training Series 2016-2017
Module #4
Case Managers and Suicide Assessment

REGISTRATION FORM
Check in: 9:00a – 9:30a
Training: 9:30a – 4:00p

Date: Thursday, December 8, 2016
Place: Warren County Dept. Public Safety
1024 Highway 57
Washington, NJ 07882

Click here to register for December 8th

Date: Tuesday, December 13, 2016
Place: Rutgers-UBHC
Technical Assistance Center
151 Centennial Avenue
Piscataway, NJ 08854

Click here to register for December 13th

FEATURED SPEAKER:
Thomas Etts, MSW, LCSW, LCADC (Master of Social Work) has been working in the mental health field since 1995. He has worked intensively as a primary therapist with people experiencing mental illness and substance use disorders in both inpatient and outpatient settings. He has worked with individuals addicted to opiates on methadone maintenance that were diagnosed with HIV and AIDS. Mr. Etts has also worked for UMDNJ-University Correctional HealthCare as a mental health clinician for incarcerated adults and juveniles. He received his MSW from Fordham University with a clinical tract and specialization in substance abuse. Mr. Etts is a lecturer at Rutgers University School of Social Work, specializing in Understanding Addictive Behaviors, Assessing and Treating Addictive Behaviors, and Psycho-pathology courses. Currently, he is a full-time trainer and consultant with Rutgers University Behavioral Health Care Technical Assistance Center, where he is training and collaborating with other professionals on implementing Integrated Dual Diagnosis Treatment. Finally, Mr. Etts has a private psycho-therapy practice and sees individual clients, couples, and families on a range of mental health and addiction issues.

Course Objectives
1. Understand three ways in which age, gender and ethnicity can influence suicidal thoughts and behaviors.
2. Discuss three ways in which substance abuse and suicide are associated.
3. Identify the difference between risk factors for suicide and suicide warnings.
4. Describe at minimum four risk factors and protective factors in conducting a suicide assessment.
5. Identify two suicide assessment tools/methods that can be used in crisis to better address suicidality and determine a disposition plan.
6. Demonstrate how to negotiate a safety plan.
Case Managers and Suicide Assessment

Registration Guidelines:

1. Click the registration link which corresponds to the training date and location you wish to attend on page one of this flyer.
2. Scroll to the bottom of the page and click on the “Register/Sign In Now” button that brings you to the “Your Account” page.
3. If you already have an account with the Rutgers University’s Online Registration System, you can login by going to the “Already have an account?” section and type in your username and password. If you do not remember your username, click on “Forgot Username” and type in your email address to receive an email with the information. If you don’t remember your password, click on “Forgot Password” and type in your email address and user name to receive an email with a link you will need to click on to change your password.
4. If you do not have an account, please go to the “New Students” section and create one by clicking on the “Create Account” button. Once on the “Registrant Profile” page, fill in all items that have a red asterisk, as well as “Affiliated Company/Employer” information. TAC requests that the agency name, address, phone number and mobile phone number are provided so that you can be reached should the training need to be cancelled, rescheduled or relocated for any reason. Please make sure your email address is correct and do not remove the checkmark next to “Email” on this page, as this is how you will receive notification of confirmation or waitlist status once the registration is completed.
5. At the bottom of the “Registrant Profile” page, please create your username and password. Remember to write both down for safekeeping since the TAC will not be able to retrieve your password if forgotten. You will use this username and password for all future trainings. After your account is created, hit the “Submit” button and from there, you can continue the registration process.
6. Please print out the confirmation form, which will be emailed to you, and bring it with you to the class.

If you have difficulty registering, please use either Internet Explorer or Safari. The registration software occasionally has conflicts with Firefox and Chrome. If registering via mobile device, click on “Full Version” to access the registration page. It may help to print out or have available the name of the course that interests you so that you can easily use the web site’s search functions.

Additional Information

- **Cancellation Policy:** If you have registered but cannot attend this program, please call so that we can offer your seat to an individual on the waiting list. In case of inclement weather, please call 732.235.9290 beginning at 8 a.m. on the scheduled training day for a recorded informational message about the status of the training.
- **Special Needs:** If you have a special needs (ADA) and wish to discuss possible provisions, please contact Technical Assistance Center at 732-235-9290.
- **Be sure to bring a sweater or jacket to accommodate for room temperature variations at all sites.**
- **Fee:** Registration for course is free.
- **Food:** There will be no food provided.
- **Delivery Format:** Live Training Program
- **Target Audience:** Case Managers, Social Workers, and Counselors
- **Program Goal:** To enhance case managers’ knowledge of person-centered engagement practices in order to improve service delivery and quality of care.
- **This training has no commercial support.**
- **Speakers and planners have declared they have nothing to disclose.**

***Important note regarding the December 8, 2016 offering in Washington, NJ***

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## Case Managers and Suicide Assessment
### Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00a – 9:30a</td>
<td>Registration</td>
<td></td>
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<tr>
<td>9:30a – 10:15a</td>
<td>Prevalence of and effects of age, gender, race and ethnicity on suicidal thoughts and behaviors.</td>
<td>Thomas Etts, MSW, LCSW, LCADC</td>
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<tr>
<td>10:15a – 11:00a</td>
<td>The link between acute substance use, risk for suicidal behaviors and co-occurring risk factors.</td>
<td>Thomas Etts, MSW, LCSW, LCADC</td>
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<tr>
<td>11:00a – 11:15a</td>
<td>Break</td>
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<tr>
<td>11:15a – 12:00p</td>
<td>Suicidal thoughts and behaviors, other harmful behaviors, direct and indirect warning signs, suicide methods and lethality.</td>
<td>Thomas Etts, MSW, LCSW, LCADC</td>
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<tr>
<td>12:00p – 12:30p</td>
<td>Risk and protective factors; prevalence of suicidal thoughts and actions.</td>
<td>Thomas Etts, MSW, LCSW, LCADC</td>
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<tr>
<td>12:30p – 1:30p</td>
<td>Lunch (On your own)</td>
<td></td>
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<tr>
<td>1:30p – 2:30p</td>
<td>Tools/methods for suicide risk assessment.</td>
<td>Thomas Etts, MSW, LCSW, LCADC</td>
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<td>2:30p – 2:45p</td>
<td>Break</td>
<td></td>
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<tr>
<td>2:45p – 3:55p</td>
<td>Overview of personal bias/judgment and safety contracts.</td>
<td>Thomas Etts, MSW, LCSW, LCADC</td>
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<tr>
<td>3:55p – 4:00p</td>
<td>Evaluations</td>
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### Professional Contact Hours Provided
(Certificate Fee: $20 - Do not send payment with registration)

- Continuing Education Credit Request Form available at the program.
- Please note that participants may not be eligible for continuing education credits if they are not on time and present for the entire session.
- Participants must sign in.
- Participants must submit a completed evaluation form at the end of the program.
- Partial credits will not be issued to participants arriving late or leaving early.
- Complete, Sign and Submit a "Continuing Education Credit Request Form".

**Social Workers (The New Jersey Board of Social Work Examiners):** This program is approved for social work continuing education hours by Rutgers University Behavioral Health Care in accordance with New Jersey administrative code 13:44G and recognized by The New Jersey Board of Social Work Examiners. This program is approved for 6.0 clinical continuing education hours.

**NOTE:** Social Workers must be prepared to write in their Social Work license/certification/registration number and license jurisdiction on the sign in sheet. Please be sure to bring this information with you to the training. Check with your state board to inquire about accepting NJ Board of Social Work credits.

**Certified Counselors:** Rutgers University Behavioral Health Care (UBHC) is an NBCC Approved Continuing Education Provider (ACEP™) and a co-sponsor of this event/program. UBHC may award NBCC approved clock hours for events of programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. (5 Clock Hours). Approval Number: 6198

**Licensed/Certified Alcohol and Drug Counselors:** This course is approved for renewal (recertification) credits by the Addiction Professionals Certification Board of NJ, Inc. This course is approved for 5 hours of training for course 4202. Rutgers University Behavioral Health Care approval number is #1902010. Approval # for this course is #1902010 C402.

Please contact Ravi Maharajh at (732) 235-9282 with any questions or concerns regarding continuing education documentation for this training.

The UBHC TAC gratefully acknowledges the sponsorship of this program by the New Jersey Division of Mental Health and Addiction Services.

Training is for NJ Division of Mental Health and Addiction Services funded programs only.
Directions to:

Warren County Department of Public Safety
1024 Highway 57, Washington, NJ 07882
(908) 835-2048

From the Garden State Parkway  Exit from the GSP onto “Rt. 78 West.” The exit for 78 is located near the Union Toll Plaza in Union County. Northbound drivers on the GSP will have to take the “Rt. 78 East” exit, travel about a mile to the first exit and make a U-turn to access Rt. 78. Continue on following directions from Rt. 78 West below.

From NJ Rt. 80  Take Route 80 West to Exit 26/Route 46 West. Travel about 5 miles on Rt. 46 West, continuing down the mountain. At the first light, turn left onto East Avenue. (Stardust Diner is on your right). Follow East Ave to the end, then turn left on Mountain Avenue. You are now in Hackettstown.  At the 2nd light, turn right onto Rt. 57. Travel West about 10 miles to the entrance for Warren County Community College. Look for a blue & white sign for the Warren County Dept. of Public Safety. Make a right into the roadway - the College and Public Safety share the driveway. Make the 2nd right turn for Public Safety. (There will be another small blue & white sign.) The building is located directly in front of a 200 ft radio tower. If you stay straight on the drive, you’ll arrive at the College.

From NJ Rt. 1  (Woodbridge area) Get onto Rt. 287 South. Travel about 15-20 minutes. Using the Rt. 287 express lanes, you will exit onto Rt. 78 West from the left.

From Rt. 78 West  Drive on Rt. 78 West towards “Clinton.” Use Exit 17 for “Rt. 31 North.” Travel North on Rt. 31 for about 10 miles. You will pass a NJ Motor Vehicle Inspection Station on the right, then go under a railroad bridge and come to a traffic light at the intersection with Rt. 57. Make a left onto Rt. 57 West. Travel about 3 miles through 3 lights. You will pass a Tractor Supplies store on the right. There is a large warehouse on the right where the road widens to allow for a left turn lane. Make the left onto the driveway for Warren County Community College. There will also be a blue & white sign for the Fire Academy/Public Safety Department. The College and Public Safety share the driveway. Make the 2nd right turn for Public Safety. (There will be another small blue & white sign.) The building is located directly in front of a 200 ft radio tower. If you miss the turn and stay straight on the drive, you’ll arrive at the College instead.

From Pennsylvania  Take Rt. 22 East towards Easton, cross the Delaware River into New Jersey. Follow Rt. 22 East to the Rt. 57 split. Stay to the left, and travel east on Rt. 57 for about 8 miles. Shortly after passing the Franklin Township Municipal Building and a large warehouse on your right, you’ll see the Warren County Technical School. Make the right turn just past its entrance at the sign for Warren County Community College. There will also be a blue & white sign for the Fire Academy/Public Safety Department. The College and Public Safety share the driveway. Make the 2nd right turn for Public Safety. (There will be another small blue & white sign.) The building is located directly in front of a 200 ft radio tower. If you stay straight on the drive, you’ll arrive at the College.

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We recommend that you confirm directions before driving. Online map services and GPS can sometimes provide inaccurate information.
PLEASE BE SAFE AND ALLOW ADEQUATE TRAVEL TIME. TRAFFIC IS VERY HEAVY ALONG ALL MAJOR ROADS IN THIS AREA ESPECIALLY DURING RUSH HOUR.

Directions to:
Rutgers UBHC Technical Assistance Center
151 Centennial Avenue, Piscataway, NJ 08854
732.235.9290

From The South:
- Take the New Jersey Turnpike (Exit 10) or Garden State Parkway North (Exit 127) to Route 287 North.
- Take Route 287 North to Exit # 8 - Possumtown Road/HIGHLAND Park/Middlesex.
- Bear RIGHT at the end to the exit ramp onto Possumtown Road.
- Then turn RIGHT at the next traffic light onto Centennial Avenue.
- Make a RIGHT at the THIRD traffic light on Centennial Avenue. This road will also have a sign for Embassy Suites. (The building you pass before the light on your right side is 151 Centennial Avenue.)
- Go to the STOP sign and make a RIGHT. The building to your right is 151 Centennial Avenue. It is a white, one-story building. Park at the far end of the lot. Enter the front doors and follow the signs to the training room.

From The North:
- Take the New Jersey Turnpike or the Garden State Parkway South to Route 287 North. Take 287 North to Exit # 8 - Possumtown Road/ Highland Park/Middlesex. Follow directions for From the South above.
- From the Northwest, take Route 80 east to 287.
- From the Northeast, take Route 80 west to 287. Please allow extra time as these routes experience frequently delays.

From The East:
- Take Route 18 North through New Brunswick and follow signs on the Lynch Bridge to continue on Rt.18
- After crossing the Lynch Bridge, take the exit for “River Road, Piscataway, Highland Park.”
- At the end of the ramp, turn right onto River Road.
- In about 3 miles, you will pass a Quick Check, River Road Tavern and a Gulf Gas station located at the traffic light at the intersection of River Road and Plainfield Avenue.
- Shortly after this light and before the next traffic light, bear RIGHT onto Centennial Avenue.
- Get in the left lane and make a left at the FIRST traffic light. You will also see a sign for Embassy Suites.
- Go to the STOP sign, make a RIGHT. The building to your right is 151 Centennial Avenue. Park at the far end of the lot. It is a white, one-story building. Enter the front doors and follow the signs to the training room.

*We recommend that you confirm directions before driving.*

*Online map services and GPS can sometimes provide inaccurate information.*

Check "UBHC Training and Technical Assistance Center" on Facebook for updates or additional training information.