

Our Mission

Rutgers Health: University Behavioral Health Care is dedicated to a mission of excellence that includes, the delivery of evidence based and compassionate behavioral health and addiction services to individuals and families across New Jersey, advancing the science through programmatic research, and educating the next generation of health care professionals.



For more information
please call us at:

(800) 969 - 5300



Integrated Case Management Services

Serving Families of
Middlesex County
(800) 969 - 5300

ubhc.rutgers.edu



Integrated Case Management Services

Our Integrated Case Management Services program offers personalized, collaborative, and flexible support to adults in Middlesex County diagnosed with serious mental illness.



Services Provided

- Assessment
- Treatment Planning
- Linkage to Services
- Collaborative, Recovery-Based Services
- Monitoring and Coordination of Services
- Collaboration with Providers and Natural Supports



Our goal is to decrease the need for re-hospitalization and help individuals lead meaningful lives.

We service eligible individuals ages 18 and older who need assistance to access and/or utilize community resources and supports.