

Intensive Outpatient Treatment Support Services (IOTSS)



Serving Middlesex
County, New Jersey

Program Details

- IOTSS is a 90 day intensive outpatient treatment support program for adults.
- Individuals are provided with structured treatment for up to 3 hours per day, and up to 4 times per week.
- Individual and group therapy using a person-centered approach with evidenced-based interventions.
- Medication assessment and monitoring available.
- Various insurances accepted, along with Medicaid and Medicare of New Jersey.



Telehealth Services Available

ubhc.rutgers.edu

To make an appointment, call our
ACCESS CENTER (800) 969 - 5300