

What is IRTS™ ?

It is a New Jersey State-funded grant provided by the Division of Mental Health and Addiction Services and the Department of Corrections.

IRTS™ works with people who are currently incarcerated with a release date within the next 180 days. The program is voluntary and participants must have a history of a Substance Use Disorder.

In collaboration with University Correctional Health Care (UCHC) and NJDOC, participants meet with Peer Health Navigators and a Recovery and Wellness Support Plan is initiated while individuals are incarcerated.



The program goals are to empower individuals served to obtain resources, reduce recidivism, reduce relapse, encourage independence, and improve overall wellness.

***Successful Re-Entry
through Peer Support!***

For more information
please call us at:

(732) 235 - 5000



**Intensive Recovery
Treatment Support**

**Serving Adults Throughout
New Jersey**

(732) 235 - 5000

ubhc.rutgers.edu



Perks of Peer Support

For the duration of the program we initiate a wellness plan with clients by creating goals and identifying assistance they may need in the community to accomplish those goals.

When released, we re-evaluate goals set, explore local resources, and provide support during this critical time of transitioning into the community.

We coordinate medical care appointments, educational assistance, outpatient treatment and Medication-Assisted Treatment appointments.

Our Mission

To create opportunities for people leaving prison who have experienced a substance use disorder to create and lead a lifestyle focused on recovery. Our peer-driven team based approach supports individuals so they become contributing members of society.



IRTS™ has adapted the Critical Time Intervention (CTI) model to our timeframe, where we provide continuity of support while individuals transition back into the community.

IRTS™ staff will meet with the individuals up to six months prior to release (months 0–6 pre-release), once a week post release (months 7–10), twice a month (months 11–14) and once a month (months 15–18).

This program will stay with an individual for up to 18 months total with up to 6 months occurring in the prison system. Our goal is to serve individuals throughout the state of New Jersey.

There are three roles:

- Peer Support Specialist (Peer Health Navigator)
- Habilitation Counselor (Case Manager)
- Staff Nurse (RN)
- Supervising Mental Health Specialist

Uniquely, all Peer Health Navigators are either individuals in recovery from substance abuse, have experience in successfully transitioning from incarceration to community and provide experience-based support.