

Our Psychiatric Emergency Screening Services provides...

- Assessment of the crisis situation to determine the level of intervention needed for the stabilization of a patient.
- Crisis evaluation and referrals for a variety of levels of treatment. These can include outpatient, partial and in-patient hospitalization.
- Crisis intervention counseling.
- A 24 Hour Hotline which is answered by a NJ Certified Screener.
- Assessment, referral, linkage and follow up in order to maintain contact with the client until they are engaged in another service.
- Mobile outreach services.



Psychiatric Emergency Screening Services and Mobile Outreach Services are available 24 hours a day, 7 days a week.

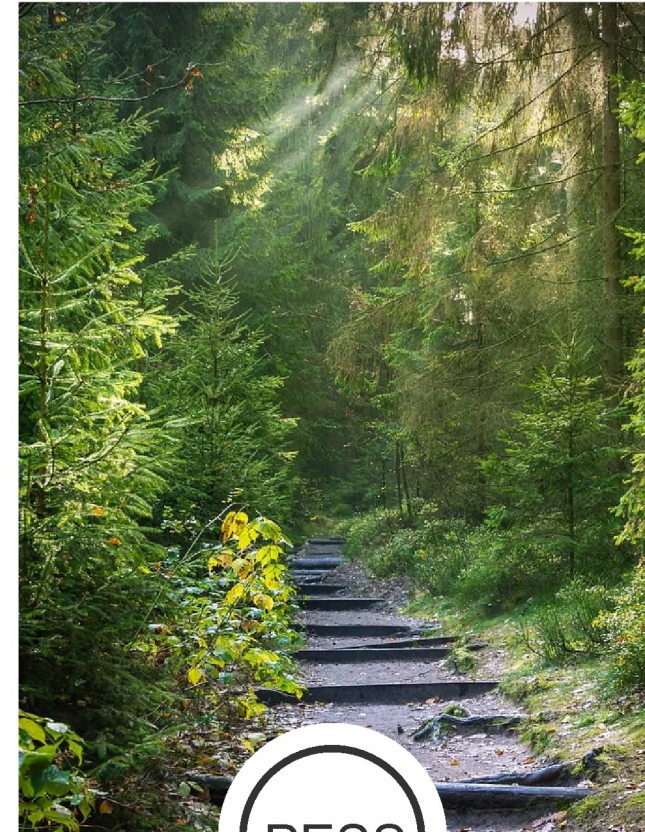
Certified Mental Health Screeners work as a team with psychiatric medical staff to provide services to individuals and families in times of crisis.

Crisis Hotline:

(973) 623 - 2323

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University Behavioral Health Care
ubhc.rutgers.edu

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University Behavioral Health Care
Psychiatric Emergency Services



**Psychiatric Emergency
Screening Services**

183 South Orange Avenue
Newark, New Jersey, 07101
(973) 623-2323
24 hours/day



Psychiatric Emergency Screening Services (PESS)...

is designed to provide emergency mental health treatment, screening and crisis stabilization, both in University Hospital and the Newark Community through mobile outreach. Services are available 24 hours a day, 365 days a year.

We are staffed by social workers, psychologists and other mental health professionals.

Each of our staff is a New Jersey Certified Screener who has completed a rigorous training program by the NJ Division of Mental Health Services and UBHC Technical Assistance Center.

Screeners are required to maintain their skills through training, conferences, continuing education courses and in-service seminars. This in addition to any requirements to maintain their clinical professional license.

Emergency Room Services...

upon arrival to the hospital, adults are seen in the psychiatric emergency room, and children are seen in the pediatric emergency room. Patients are initially seen by the medical staff. The patient is then evaluated by a screener who completes a comprehensive assessment, which can include input from families and treatment providers.

A treatment plan is developed with the psychiatrist who also evaluates the patient. This may include medication, crisis counseling to patients and their families, identification and linkage to services for aftercare and hospitalization, if necessary.

Disposition Options...

Stabilization of the patient in the emergency room is achieved the same day and they are discharged with a referral to an appropriate treatment program for follow up care.

Held in stabilization crisis holding bed for 24 hours.

Admitted to a voluntary in-patient psychiatric unit.

Committed involuntary to an STCF psychiatric unit under the NJ Screening Law.



Mobile Outreach Services...

Crisis staff will respond to requests for mobile outreaches to evaluate adults in the community. UBHC catchment area services include the Central, West and North Wards of Newark. If the patient lives in these areas, we can outreach them. If you are uncertain if you live within this area, you can call for clarification. Individuals, families and community agencies may call to request an outreach. Crisis staff will obtain as much information as possible. They will advise the caller when to expect the crisis team to arrive. The mobile outreach team coordinates community outreaches with the Newark Police who accompany staff to the site.