

Our Mission...

Rutgers Health: University Behavioral Health Care is dedicated to a mission of excellence that includes the delivery of evidence based and compassionate behavioral health and addiction services to individuals and families across New Jersey, advancing the science through programmatic research, and educating the next generation of health care professionals.

We are committed to being a leader of effective, compassionate and accessible care that is informed by research and education.



This program is supported
by a grant from the
Middlesex County
Mental Health Board



Specialized Case
Management &
Outreach Services

Middlesex County
(800) 969 - 5300

ubhc.rutgers.edu

Specialized Case Management & Outreach Services (SCMOS) consists of a team of case management staff who devote their efforts to reaching out to individuals and families who, because of the challenges of mental illness, are having difficulties accessing resources and services.



WHO WE SERVE

The program serves individuals and families who are not currently engaged in psychiatric or psychosocial services in the community. We focus on those who have difficulty accessing services on their own behalf.

Included in this target population are the elderly who are often isolated, and young adults who are entering the adult mental health system.

WHAT WE DO

- Information & Referral
- Service Linkage
- Advocacy & Support
- Psychoeducation
- Short-term Case Management

Using a Person-Centered approach, our staff engage individuals served with a focus on their expressed needs, identify their strengths, and provide them with information and education about mental health and available resources.

We also facilitate referral and linkage to services that will support the person and their family within the community so that they can move toward Wellness and Recovery.

Referral Process

We welcome referrals from individuals, family members, professionals in the community, and community agencies.



(800) 969-5300



All eligibility requirements below must be met:

1. The individual must be over the age of eighteen.
2. The individual must be a Middlesex County resident.
3. The individual must have a mental health problem.



RUTGERS HEALTH
University Behavioral Health Care