

Referral Form
UBHC Community-Based Programs (UBHC-CBP)
Email: ubhc-community-services@ubhc.rutgers.edu

Instructions: This fillable PDF referral form is to be completed in its entirety for all UBHC Community-Based Programs (CBP).

PLEASE NOTE: For all Rutgers UBHC MH and SUD appointments, Do NOT use this form - contact Access Center at 800-969-5300.

- **Individuals who live in Group Homes or are enrolled in RIST or PACT are NOT eligible for UBHC Community-Based Services.**
- **UBHC does not have HOUSING stock. Individuals looking for housing should call 211 or go to a Coordinated Entry Access Site in the community to determine eligibility.**

A description of all UBHC CBPs is provided. If you know which program best fits the individual's needs, please identify:

☐ PATH/R-HOME ☐ ICMS ☐ JIS ☐ SC MOS ☐ STAR ☐ MORE ☐ M-WRAP ☐ CSS

Date of Referral: ____/____/____

Referral Source (Provide Name of Agency/Organization): _____ ☐ Self-Referral

Referral Contact: _____, _____
Last First Title Position

Phone # (____) _____ - _____ **E-mail:** _____ @ _____

Name of Individual Referred: _____, _____
Last First

Date of Birth: ____/____/____ **Gender:** ☐ Male ☐ Female ☐ Other _____ **Preferred Language:** _____

Ethnic/Racial Category: ☐ White ☐ Black ☐ Hispanic ☐ Asian ☐ American Indian/Alaskan ☐ Other: _____

Address: _____ Apt. # _____ City _____

Homeless? ☐ No ☐ Yes *If Homeless, has 211 been contacted?* ☐ No ☐ Yes *All persons experiencing homelessness in Middlesex County enter the system of helpful providers by calling 211 to determine eligibility. If 'no,' please have individual connect with 211.*

Phone Number: (____) _____ - _____ **E-mail address:** _____ @ _____

Mental Health Diagnosis? ☐ No ☐ Yes If yes, provide diagnosis: _____

Medical Diagnosis? ☐ No ☐ Yes If yes, provide diagnosis: _____

Pregnant? ☐ No ☐ Yes

Substance Use Disorder? ☐ No ☐ Yes If yes, provide diagnosis: _____

Any police interaction resulting in jail or ticket in the last 6 months? ☐ No ☐ Yes

History of Violence Toward Self or Others? ☐ No ☐ Yes (If yes, describe include dates): _____

Most recent psychiatric hospitalization(s) (Facility and Dates): _____

Is there a current Treatment/Service Provider, or has a referral been made to a Treatment/Service Provider?

☐ No ☐ Yes (If Yes, provide name and contact info of provider and date of the next appointment):

Provider Name: _____ **Appointment Date:** ____/____/____

Description of Needs: Linkage to ☐ Mental Health Treatment ☐ Substance Abuse Treatment ☐ Medical Treatment ☐ Pre-Natal/Post-Natal Care ☐ Employment ☐ Housing ☐ Legal Services ☐ Benefits ☐ Other (Describe): _____

UBHC Community-Based Program Descriptions

PATH/R-HOME - provides case management to adults who are homeless, have a serious mental illness or substance use disorder, and are in Middlesex County.

Integrated Case Management Services (ICMS) – provides case management services to Middlesex County adults with serious mental illness. Individuals referred must meet one of the following RISK Categories: 1. High Risk – individuals who are in crisis and at immediate risk of decompensation, or who are experiencing a situational crisis which, without active intervention, would rapidly lead to decompensation and hospitalization. 2. At Risk – individuals who exhibit signs of regression, who stop their medication, who are undergoing major transitions from an inpatient or residential treatment setting, or who are withdrawing or refusing needed aftercare services. 3. Low Risk – individuals who are stable but who have a pattern of psychiatric hospitalization, acute care recidivism, dropping out of mental health and non-mental health services, medication non-compliance, and disruption of living, working, and social environments.

Justice Involved Services/Justice Assistance Grant (JIS/JAG) - provides case management services to adults who have been in county jail or prison on 3rd or 4th degree non-violent charges, have a serious mental illness, and reside in Middlesex County.

Specialized Case Management and Outreach Services (SCMOS) - provides case management to adults who reside in Middlesex County and have some history of mental illness.

STAR (Mercer and Hunterdon) - provides case management and peer recovery services to adults living in either county diagnosed with Opioid Use Disorder and stimulant use disorders..

MORE- provides case management and peer recovery supports to adults residing in Middlesex County that have an Opioid Use Disorder who are not currently engaged in treatment.

Maternal Wraparound Program (MWRAP) - provides case management and recovery supports for pregnant and postpartum women with Opioid Use Disorder and/or other substance use disorders living in Essex, Hudson, Union, Middlesex, Hunterdon, Somerset, or Mercer counties.

Community Support Services (CSS) - Provides skill development, case management, illness management, and crisis intervention services to adults with serious mental illness in Essex, Middlesex, or Camden counties, who are stably housed, or who have a tenant-based subsidy and are seeking housing.